

# REI Co-op Sahara Bermuda Shorts – Women's Gear Review

## Overview

The REI Co-op Sahara Bermuda Shorts are designed for women seeking lightweight hiking shorts with extra coverage. Featuring a 9-inch inseam, UPF 50+ sun protection, recycled nylon stretch fabric, and travel-friendly comfort, the Sahara Bermuda has become one of REI's most popular warm-weather hiking shorts.

## Weight

- Official Weight: **5.8 oz (164 g)**
- Independent testing measured approximately 5.9 oz (167 g).

## Key Specifications

- Weight: 5.8 oz (164 g)
- Inseam: 9 inches
- Fabric: 96% recycled nylon / 4% spandex
- UPF 50+ sun protection
- Quick-drying construction
- Mid-rise fit
- Four-pocket design
- Drawcord and elasticized waistband
- Best Uses: Hiking, travel, walking, everyday outdoor wear

## Comfort & Fit

The Sahara Bermuda is known for its comfortable fit and longer inseam. The partially elastic waistband and integrated drawcord help accommodate a wide range of body types while remaining comfortable during long hikes and active travel.

## Trail Performance

The lightweight nylon fabric performs well on warm-weather hikes, offering excellent mobility and quick-drying performance. The longer Bermuda-style cut provides additional coverage compared with traditional hiking shorts.

## Breathability

The lightweight recycled nylon fabric breathes well and dries quickly after sweat or light rain. UPF 50+ protection makes the shorts particularly well suited for sunny environments and exposed trails.

## Durability

The Sahara Bermuda balances low weight and durability effectively. The fabric resists abrasion from regular trail use while remaining soft and comfortable for travel and everyday wear.

## Pocket Design

Four pockets provide useful storage, including a zippered security pocket for valuables. The layout works well for hiking and travel without adding unnecessary bulk.

## Pros

- Lightweight at 5.8 oz (164 g)
- UPF 50+ protection
- Longer 9-inch inseam coverage
- Quick-drying fabric
- Comfortable waistband design
- Excellent value

## Cons

- Less stretch than some premium hiking shorts
- Bermuda length may feel long for some users
- Not as durable as heavier softshell shorts

**Best For**

Women seeking lightweight hiking shorts with additional coverage for hiking, travel, walking, and everyday outdoor activities.

**Editor's Rating: 9.1 / 10**

The REI Co-op Sahara Bermuda Shorts deliver excellent comfort, sun protection, coverage, and value. At just 5.8 oz (164 g), they are lightweight enough for serious hiking while offering the longer inseam many women prefer for trail and travel use.