

# Norda 001 G+ Spike – Gear Review

## Overview

The Norda 001 G+ Spike is a premium winter trail-running and fast-hiking shoe designed for snow, ice, slush, and frozen trails. Built with a Bio-Dyneema® upper, graphene waterproof membrane, Vibram® midsole and outsole, and integrated carbide-steel spikes, it combines winter traction with surprisingly low weight.

## Weight

- Single Shoe (US Men's 8.5–9): **10.0 oz (284–285 g)**
- Single Shoe (US Men's 10): **10.6 oz (303 g)**
- Estimated Pair Weight (US Men's 9): **20.0 oz (568 g)**

## Key Specifications

- Weight: 10.0–10.6 oz (284–303 g)
- Heel-to-Toe Drop: 5 mm
- Upper: Bio-Dyneema®
- Waterproof Membrane: Graphene waterproof/breathable liner
- Midsole: Vibram® SLE
- Outsole: Vibram® Megagrip Litebase
- Traction: 10 integrated carbide-steel spikes per shoe
- Best Uses: Winter trail running, fast hiking, snow travel

## Comfort & Ride

The Vibram SLE midsole provides a protective and responsive ride that remains consistent in cold temperatures. The shoe feels agile and stable while offering enough cushioning for long winter outings.

## Traction

The combination of Vibram Megagrip rubber and integrated carbide spikes delivers exceptional traction on ice, packed snow, and frozen trails. This is one of the strongest traction systems available in a winter running shoe.

## Weather Protection

The graphene waterproof membrane and hydrophobic Dyneema upper effectively repel moisture while maintaining breathability. The shoe performs exceptionally well in snow, slush, and cold rain.

## Durability

Dyneema is among the strongest fibers available by weight. Many users report significantly longer service life than conventional trail shoes, helping justify the premium purchase price.

## Pros

- Extremely lightweight for a winter shoe
- Outstanding ice and snow traction
- Exceptional durability
- Waterproof yet breathable
- Premium construction throughout
- Excellent for winter ultras and fast hiking

## Cons

- Premium price point
- Spikes cannot be removed
- Not suitable for indoor surfaces
- Overkill for dry-weather trail use
- Fit may run small for some users

**Best For**

Winter trail runners, fast hikers, mountain athletes, and outdoor enthusiasts who frequently encounter snow- and ice-covered trails.

**Editor's Rating: 9.7 / 10**

The Norda 001 G+ Spike is one of the most advanced winter trail shoes available today. Its combination of lightweight construction, elite traction, exceptional durability, and premium materials makes it a benchmark product for winter trail running and fast hiking.